PALM HABOR UNIVERSITY

2025

CROSS COUNTRY SCHEDULE

8/16 Preseason Time Trial (Dunedin) Hammock Park

8/23 Ragin’ Storm XC Challenge (Tampa) Mary Help Chr. Center

8/30 Todd Howsare Invite (Dunedin) Hammock Park

9/13 Keppel Invite (Land O Lakes) Land O Lakes HS

9/20 North Port Invite North Port HS

9/27 Hammock Invite (Dunedin) Hammock Park

10/4 FlRunners Invite (Lakeland) Holloway Park

10/11 CCC Invite CCC HS

10/23 \*PCAC (Largo) TBA

11/8? \*District TBA (North Port?)

11/15? \*Regional TBA (North Port?)

11/22 \*State (Tallahassee) Apalachee Regional Park

\*Varsity Runners Only

Schedule subject to change: District and Regional meet not finalized yet